

## **COCOA EXPO HIGH SCHOOL LACROSSE SCHEDULING REQUEST FORM**

TEAM \_\_\_\_\_ COACH \_\_\_\_\_

Circle One:

High School – Enrollment \_\_\_\_\_ # of games requested \_\_\_\_\_

Club Team – Age \_\_\_\_\_ # of scrimmages requested \_\_\_\_\_

2008 Team Record: \_\_\_\_\_

Is your school a member in good standing of your state association? Yes \_\_\_\_\_ No \_\_\_\_\_

*(This is very important. If unsure please check with your Athletic Director.)*

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>ACTIVITY</u>
*****			
_____	_____	_____ - _____	ARRIVE AT COCOA EXPO
*****			
DAY #1			
_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____
DAY #2			
_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

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\_\_\_\_\_ - \_\_\_\_\_ ARRIVE AT COCOA EXPO

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DAY #1

\_\_\_\_\_ 7:00AM - 9:00AM \_\_\_\_\_

9:00AM - 11:00AM \_\_\_\_\_

11:00AM - 1:00PM \_\_\_\_\_

1:00PM - 3:00PM \_\_\_\_\_

3:00PM - 5:00PM \_\_\_\_\_

5:00PM - 7:00PM \_\_\_\_\_

7:00PM - 9:00PM \_\_\_\_\_

9:00PM - 11:00PM \_\_\_\_\_

DAY #2

\_\_\_\_\_ 7:00AM - 9:00AM \_\_\_\_\_

9:00AM - 11:00AM \_\_\_\_\_

11:00AM - 1:00PM \_\_\_\_\_

1:00PM - 3:00PM \_\_\_\_\_

3:00PM - 5:00PM \_\_\_\_\_

5:00PM - 7:00PM \_\_\_\_\_

7:00PM - 9:00PM \_\_\_\_\_

9:00PM - 11:00PM \_\_\_\_\_

DAY #3

_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

DAY #4

_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

DAY #5

_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

DAY #6

_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

DAY #7

_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

DAY #8

_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

DAY #9

_____	_____	7:00AM - 9:00AM	_____
		9:00AM - 11:00AM	_____
		11:00AM - 1:00PM	_____
		1:00PM - 3:00PM	_____
		3:00PM - 5:00PM	_____
		5:00PM - 7:00PM	_____
		7:00PM - 9:00PM	_____
		9:00PM - 11:00PM	_____

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\_\_\_\_\_ - \_\_\_\_\_ DEPART FROM COCOA EXPO  
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**SPECIAL REQUESTS:** \_\_\_\_\_

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**Please note: All high school teams are responsible for adhering to their high school state federation's rules and regulations regarding games, scrimmages, practices, etc. Questions should be directed to the National Federation of State High School Associations at [www.nfhs.org](http://www.nfhs.org).**